



PUZZLE 5

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DROPLET TRANSMISSION

Source: coughing, spitting, sneezing

Contamination: contact of droplets with the mucous membranes, if contact is close <1 metre

Protection: surgical mask



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AIRBORNE TRANSMISSION (AEROSOL)

Source: coughing, spitting, sneezing

Smaller than a droplet, remains suspended in the air for a longer time, travels further

Contamination: inhalation of aerosols

Protection: FFP2 mask



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CONTACT TRANSMISSION

Source: direct contact with skin or mucous membranes, or indirect contact via a contaminated surface

Protection: wash hands with soap and / or alcohol-based hand gel